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# ATTRACTION PILLARS

*"master health, wealth and sexual attraction and transform your life so that you can fck the women of your dreams and live the life you always wanted"*

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# INTRODUCTION

# INTRODUCTION

Hey everybody its steve founder of the love secret where we teach you how to master health wealth and sexual attraction in order to transform your life so that you can fck the women of your dreams and live the life you always wanted.

First of all i just want to say THANKYOU so much for trusting me and buying this program. I will not let you down and will personally do whatever I can to help you move forward in your life, transcend your current reality and massively improve your success with women and dating. I will show you new ground-breaking techniques to improve both your health and your financial situation so you can marry the women of your dreams and live the life you always dreamed of .

You should be very excited right now because we are living in a new age! Truly now is your time because now more than ever, we have more freedom and more access vital information than ever before!

You have been taught it all wrong - you might think that you have to work extremely hard at work or with your education but in reality there is SO MUCH opportunity online right now. Living in an emerging and expanding economy means that we actually have a lot more opportunity for financial success and relationship happiness than most of the world!

# INTRODUCTION

You may not know it yet but you can be different and you can stand out because the old rules don't apply anymore. I thought (Perhaps just like you) that I had to work 10+ hours a day at a job I hated in order for a women to appreciate me and in order to provide for a future family. The reality was much different!

You can have whatever you dream! My dream was to date beautiful women and have the freedom to pursue my hobbies. Now that I have achieved this I want to teach you how I did it.

I'm going to tell you a little bit about me and how I was able to transform my life. You may already know a little about my journey. But there was a time when I was in a very bad way. No hope and no chance of a better life for myself but that all changed.

# INTRODUCTION

I met a man who needed help in his shop. He offered me a job and I took it. It turned out that i was getting paid LESS than when i was in my last job but it was a little easier and the perks were pretty god. and I had time to think about my life. I stocked his shelf and helped at the front counter. This really helped me to talk with people every day. I got used talking with women because they were going to buy something at the shop I was forced to interact with them every day.

To this day I see this day as a turning point, not because of what happened then but because of what happened down the line of that decision. I found out that my boss actually owned many more of these shops, was always happy and never really seemed to work much. It was the first time I questioned why his reality was how it was and why mine wasn' t like his. It was the first time that I believed that there might be a better life out there for me.

# INTRODUCTION

I hope you to (no matter how difficult your situation) can project a better life for yourself in the future. You have to remain open minded, positive and eager so that when an opportunity to learn and grow presents itself you take full advantage of it. You have to remain open minded because there is opportunity all around you. I can show you what I did but it may not always be the case that you can copy exactly what I have done. Situations skill level and environments are different. The trick is changing your mindset and thought processes to become aware of opportunity. The next is becoming knowledgeable enough to understand how to create wealth from the situation. Increasing your social intelligence and streets smarts along with your books smarts is a sure way to reach relationship and financial success. It' s never been easier to accomplish this than right now.

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“the great fortunes of the world were made by people who saw opportunities that others didn't”

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-Jack Ma CEO, Alibaba Group



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# ATTRACTION PILLARS

# Attraction Pillars

In this course we will briefly cover the 3 pillars of attraction health, wealth and confidence and then later diver deeper into real world examples and takeaways.

Master these three pillars and success with women will become automatic! You won't even have to try to be successful with women. You won't have to worry about what to say or do in the presence of attractive women. Master all three of these pillars of attraction and your life will change forever. You see a weird and wonderful energy comes over you and exudes from those who master these pillars. It is something unexplained... even mysterious but you may have seen this energy exude from those that have discovered it. Actors, Celebrities, Sportsmen or even video gaming champions.

A sudden and beautiful energy and glow washes over them and they become irresistible. They smile more, joke more and seem much happier about anything that comes into their life. You can even see this force in people walking down the street, perhaps in a successful businessman.

# Attraction Pillars

Now compare that with the poor man completely lacking any life energy – they are pale, wasted and lifeless. NO matter what this man learns about women and dating it simply will not help him. He has lost the attraction that the pillars create and will not attract beautiful women and circumstances into his life until he masters the pillars.

In this program I am going to teach you to master health wealth and sexual attraction so that you too can glow and become irresistible to those around you.

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**CONFIDENCE**

# CONFIDENCE

In this audio we are going to dive into the fundamentals. Firstly let's talk about the equation of attraction:

Attraction = health + wealth + confidence

You'll notice that the three pillars of attraction all summed together equals attraction. This is not saying that you can't be attractive to women at all if you don't have wealth! It's simply stating that you will have to have more confidence and health if you have no wealth.

Think of it like a percentage with the three pillars needing to add up to 100%.

With little wealth say 5% you're going to need to contribute 95% of your attraction between health and confidence.

Let's say because of your low wealth pillar this starts to affect your health because your diet is bad and your always at work. This means you're going to have to overcompensate for both low health and low wealth with huge amounts of confidence.

# CONFIDENCE

Sure, it can be done but it's not the kind of person you want to be.

Two suggestions are 33:33:34 a nice even split. Or you can contribute 50% of energy in personal growth towards confidence with women. And 25% on both wealth and health.

I hope this makes sense to you. It comes down to understanding that a balanced lifestyle is important in attraction and that every decision you make affects you in the short or long term.

Decide to be lazy now? Your wealth and health will suffer  
Decide to overindulge now? Your health will suffer  
Everybody wants the same thing in life some are just more shorter sighted than others.

They can't see beyond one week or one month. But commit to personal growth in the long term in every area of your life with the help of great routines and you're well on your way to success.

# COMPETENCE EQUALS CONFIDENCE

COMPETENCE = CONFIDENCE

So let's start with confidence. The most important Pillar of all.

Confidence is only gained by those who plan and execute in their life. If you never try anything you will never succeed. Because it takes many failures to succeed. It is in the completion of tasks over time that slowly but surely raises your confidence.

You look forward and up to those ahead in life's journey and only see your own complete lack of competence in what they can do. I urge you to only look as far as the next step in your own life. Plan for the future, but execute and do right now.

This way it doesn't seem that hard to take that first step... and this is exactly what you must do. You must start and try something and make sure that you try every day to make yourself better at this, even if it's only 1% better. Never ever stop until you have completed this task.

# COMPETENCE EQUALS CONFIDENCE

Start with something very very simple:

Health -

I will do 10 press-ups and 10 sit-ups today  
or even more simple

I will add 2 press-ups and 2 sit-ups every day until I  
reach the end of the month.

It's not the fact that you will lose weight just doing a  
few situps its the habit of good routine creation.

Or

I will sign up for the gym today and go to the gym every  
day until the end of the month.

Or

I will buy only health fresh fruit and vegetables today and  
only eat home cooked meals until the end of the month.

Notice how I used the word TODAY each time. It's important  
that you do these things very soon. Start acting now and  
commit to the process of doing everyday so that it becomes  
a healthy routine. It is in the word routine that  
excellence and success are born.

# COMPETENCE EQUALS CONFIDENCE

Wealth -

I will register at the local university today and study hard every day so that I can get a better job in the future.

Or

I will get a second job so that I can pay of my debt faster or move into a better house.

Or better still

I will commit to using the internet to learn and grow. I will find out how and why people earn more money than me. I will start to ask different questions of myself and other people.

I will start to think differently about the world. I will serve and help more people than ever before.

And most importantly of all? I am going to work SMARTER NOT harder.

# COMPETENCE EQUALS CONFIDENCE

Because I understand that I only have 24 hours in the day. In those hours I would like to spend time with the ones I love.

I would like to live with my beautiful wife and children. Go on holiday and cook good food and share great happy times with friends... and I cannot do this if all of my time is spent at work trying to work harder and not smarter.

I will find out how to work smarter and more efficiently because I understand that it's the best path for me.

The best way for me to escape and live the life I always dreamed of but never grasped. There is still time but I now understand that working smarter is the only way.

# BELIEF

Are you attracted to yourself?

If you think you're an ugly person that never completes tasks or reaches goals then how do you think women are going to think of you? You CANT fake it.

Your subconscious is quietly documenting every little thought and feeling you have about yourself; this slowly gets represented as an external mirror of yourself.

If you know right now that you're down on confidence and lacking confidence with attractive women "out of your league" perhaps you need to spend a little bit of time working on yourself.

There are a ton of courses out there that can help you work on your confidence. Many men have conquered true spiritual confidence and their connections/relationships are richer because of this.

Being successful with women takes practise: Not every woman is going to be delighted to see you or willing to chat or get connected but some will. It's just comes down to whether you have the will to work on your belief and confidence.

# BELIEF

You simply need to be in the right mindset “man mind-set” and connect with women the right way

How do you connect? I will talk in depth about conversation soon.

Observe what they are doing and ask them questions relating to their answers. This is often called profiling and cold reading the women you are interested in. I will also discuss this soon, in short it will cover exactly what you should say to a women based on her responses to specific questions.

You see you can’ t approach every women the same. They often have wildly different personalities and you need to be able judge their psychology accurately.

You have to be interested in their dreams and long term goals. It’ s not ok to talk about the weather and your job for 20 minutes while she gets bored and uninterested! This is what every other guy does and it’ s why they fail.

# BELIEF

Very few people that she doesn't know will take the time to really get to know her. If you get under the surface and get to know her interests and desires on an emotional level, you will know more about her in 30 minutes of talking than many of her close friends do. She will remember you because you were able to talk to her very soul.

Very soon without any lines and gimmicks you will be able to approach a woman stress and anxiety free. There won't be any stress because you are NOT trying to pick anyone up. You are simply asking her about her day or where she bought those flowers or why she chose her dress (if you are in a supermarket ask her about what she is buying and why because you need some help)

It doesn't matter what you talk about so long as you are genuinely interested in the question you ask. Just keep the conversation about her and keep it moving along.

If you think she is a bit too nervous to take things further it should be easy with the knowledge you gain chatting to her to add her as a friend on a social website right in front of her. Get your phone out and add her so that you can continue this relationship.

# BELIEF

If you have done a good enough job connecting and getting to know her she will want more of YOU: This means you will never have to ask for a woman's number again. They will ask you, but don't leave this up to chance.

Traditional dating etiquette may force you to act a certain way around women and remain distant until someone sets you up. I am strongly suggesting that you be more FORWARD when it comes to women and dating.

Take control of your dating life and date and marry the women you choose. DONT be someones second choice!

If at the end of the night you find that she STILL hasn't approached you for a number but she is still talking and smiling it's a very clear sign that she is interested.

She is waiting patiently for you to take things further. Remember if you ask her for her number or if she wants to go somewhere else and she rejects you. DON'T WORRY.

# BELIEF

You approached and talked to other women that night right?

Of course you did.

You will only get nervous at the outcome of a women's rejection if you care about the rejection. You only care about the rejection if you don't have any other options available to you. By talking to lots of girls and having them in your life why would you care about one girl who is not interested? It's a very important psychological distinction.

"Yes now that's much easier" - it's easy to just chat to girls/women about anything and everything and that's all you're doing! Simply get in the habit of having girls in your life.

Remember if you start to get nervous and anxious remind yourself that it's natural and it's just because you haven't had much practice at it.

Remind yourself that you are just TALKING about and asking questions and getting to know her. It's not about a pass or fail pick up.

# BELIEF

If she loves your vibe then let's move forward and continue chatting.

If not well that's fine too: she will have some friends that might be interested in you, talk to them. It is all about widening your circle of friends.

If you are interesting to talk to because you have great things happening in your life women and men want to talk to you.

It takes time and it's all worth it: Practice communicating with everybody every day. Sooner or later it will become easier.

It may never be second nature to you because it may not be in your nature and that's OK to (you can still attract women without it) but you at least need that basic talkative nature and ease of presence in everyone's presence.

# BELIEF

REMEMBER: you must practice this!

Am I making sense?

Don' t forget that you may have communication blocks:  
If you turn to alcohol to ease conversation then this may  
be the very thing holding you back.

Ease up on the alcohol, get healthy and just have a few  
sips of wine before you approach.

If you think that you' re dating games needs a little help  
don' t be surprised that your diet is influencing your mood  
and communicative performance.

## BELIEF IN YOURSELF

Rather than learning techniques, sets and lines, work on  
your own self-worth and your own trust and belief in  
yourself.

This way, not only will you attract more women into your  
life but you will also attract success in other fields  
(spiritually, financially, and emotionally)

# BELIEF

Attraction isn't a choice so you can't attract every girl in the room. This means you can be chatting with women and do everything right and she still won't be interested in hanging out.

Believe and trust in yourself enough to realise that it's OK that every woman doesn't find you attractive. That's just unreasonable.

And it's ok to not be a great communicator with women as well! Most men are terrible at chatting to attractive women. I have seen guys make complete fools of themselves in front of women and still attract them enough to go home with them.

If you are able to laugh at your own misfortunes and mistakes it makes it ok. It makes talking and attracting women less daunting because even if the whole process fails you still have the ability to laugh at yourself and enjoy it. It really helps if this is done with a friend rather than just yourself.

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**ALPHA MALE**

# ALPHA MALE

Becoming an alpha male: The definition and expression behind “alpha male” is:

In social animals, the alpha is the individual in the community with the highest rank.

Where one male and one female fulfil this role, they are referred to as the alpha pair (the term varies when several females fulfil this role - it is extremely rare among mammals for several males to fulfil this role with one female).

Other animals in the same social group may exhibit deference or other symbolic signs of respect

The alpha animals are given preference to be the first to eat and the first to mate; among some species they are the only animals in the pack allowed to mate. Other animals in the community are usually killed or ousted if they violate this rule.

The term “alpha male” is sometimes applied to humans to refer to a man who is powerful through his courage and a competitive, goal-driven, “take charge” attitude. With their bold approach and confidence “alpha males” are often described as charismatic.

# ALPHA MALE

While “alpha males” are often overachievers and recognized for their leadership qualities, their aggressive tactics and competitiveness can also lead to resentment by others.

Every guy wants to be the alpha male: First mating rights are naturally a big attraction. But human society and rules makes the process of becoming the alpha male difficult to pinpoint for many men.

Most guys believe that if they make a lot of money they will immediately become the alpha male... not true.

Others believe that becoming a famous actor or sports star will give them automatic rights to alpha status. What is clear is clear that women are drawn to leaders and dominant players in society

But how does the average guy become and alpha male without rock star status or a Bentley Continental GT?

# ALPHA MALE

## 1. Be confident.

This cannot be overstated. If you think highly of yourself and believe unquestionably in your own capabilities, men and women alike will respond to you. Do not confuse confidence with arrogance.

Confidence demonstrates quiet inner strength, surety, and reliability. Arrogance is just low self-esteem turned outwards, and perceptive people will see this as a hollow, insecure man, the very antithesis (opposite) of the alpha male.

# ALPHA MALE

## 2. Stand up for what you believe in

When you walk into a room as an alpha male, you simply know other people will listen to and respect what you have to say. If you doubt it, so will every other person in the room.

# ALPHA MALE

## 3. Humour

Study what humour is by listening to comedians. Develop wit and a quick mind through study and practice. You must be able to laugh at yourself which is a process of letting go of your ego.

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# ALPHA MALE

## 4. Body language

The way you carry yourself speaks volumes to those around you, without you even making a sound. Your posture, your hand gestures, your stance — all of it sends signals to those around you about your place in the world. You want those signals to be strong and confident, not protective and small.

# ALPHA MALE

## 5. Listen

The alpha male, the true leader, spends more time listening than speaking. Listen actively and attentively, and people will respond.

The more you listen without judgement, the more people will open up to you, and may even tell you things they never tell anybody. This is because they trust you innately — a key trait of the alpha male.

Sometimes you just can't get through to guys. You could be reading this right now and STILL not understand that you have the problem of talking too much about yourself and inflating your own ego in front of women (this is very unattractive and you have to stop it). It's value seeking behaviour and very annoying. I've lost count of how many women tell me about these guys that just won't shut up about themselves and constantly interrupt and redirect conversation toward themselves.

STOP IT! OKAY? ASK QUESTIONS AND LISTEN LISTEN LISTEN

# ALPHA MALE

## 6. Physical Presence

Staying in shape will not make you an alpha male—that must come from the inside—but it will help with your health and well-being. It also sends another signal: the man who takes good care of himself can take care of others, too.

Study into actions of great CEO's and how great inspired action produces results indicates that you can't think yourself into consistent action. Action often come from and is affected by downline levels.

Thought and action is affected by EMOTION (energy in motion)

We only take action when emotion is involved.

How can we affect our emotion? It's all affected by our physiology which is why daily morning exercise routines are so important.

# ALPHA MALE

## 7. Honesty

Make sure you earn everything you get by adopting a policy of radical honesty. Be exactly who you are at all times; everyone else can take you or leave you.

# ALPHA MALE

## 8. Dress well

Try to look better than the guys around you (looks are relative) so that you stand out. For example, wear patterns, collared shirts, nice pants, and possibly a tie. Don't wear shirts that advertise a brand name or your favorite band; you want to advertise yourself

# ALPHA MALE

## 9. Flirting

Knowing how to forge a romantic connection is essential to being seen as an alpha male. Being confident, accomplished, and attractive doesn't necessarily mean that you've got what it takes to interact with a potential mate, but will provide you a huge advantage.

# ALPHA MALE

## 10. Lead

Above all, be a leader. This means not only taking charge of a situation, but doing it well. Start in your immediate surroundings by being a leader in the workplace, helping your team perform, or even asserting yourself as your dog's pack leader. \

Practice being the kind of leader that people will want to follow—and not just the first one who volunteered for the job.

# ALPHA MALE

To discover how to become an alpha male first you must understand what makes women REALLY go for certain men. We have all at least ONCE in our life been surprised at the choices that hot women make. Perhaps they have chosen that weird geeky guy or the dumb jock instead of you (the nice caring guy that will treat them well).

I have been studying this for the past 4 years and as a result moved from a timid depressed guy who never got laid to a real alpha male figure.

How did I go from having to work hard for every lay to literally having women approaching him time after time? I suddenly found himself in “can’t miss” situations with women without trying while unknowingly pressing their emotional turn on buttons.

The alpha male concept is almost like a transition from boy to man. The sad thing is most “men” still act like boys. They never grew up emotionally.

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ZEN  
POWER

# ZEN

- 1 Relax Breath
2. Talk Less
3. Stop Searching

## **#1 — Talk Less!**

Talking less enables easier self-reflection but more importantly allows women to talk about themselves. Even if you're not interested in their latest shoe or dress purchase it's easy to be perceived as giving a damn if you're not ranting on about your life.

You may love being the centre of attention but do not be so rude as to never let anyone else have their say. This means actually NOT talking for at least 3-4 minutes while you appreciate and encourage OTHER peoples thoughts and interests.

# ZEN

You may not even recognise that you do it but interrupting other people is extremely rude – especially if you change the subject away from their interests. They (women) may be too polite to let you know what you’ re doing but you can be sure there will be a cross next to your name when you do.

Try to be more aware of other people’ s feelings and personalities. If you usually the centre of attention recognise that YOU have a lot of power to make other people feel great about themselves. The silent type’ s wont interrupt you to have their say like you might but they ARE waiting to be asked for their own valued opinion.

Simply asking a women about how she feels about the topic of conversation when in a group boosts your value big time in everybody’ s eyes.

So rather than coming across as a self-absorbed know it all use your confidence to your advantage and talk less by asking more.

# ZEN

## #2 — RELAX BREATH

By relaxing you allow your real personality to shine through and the jokes come naturally.

If you are not great with wisecracks and witty comments then you can work on that but perhaps you should look into interesting factual information that sparks great conversation.

Or maybe you are allows really honest about situations which is naturally funny anyway.

Be more of yourself rather than faking a personality! It might be the personality you think women want but nobody can fake that good + your life will be a constant lie.

### IMPORTANT:

Relaxing and taking women LESS SERIOUSLY is perhaps the BEST dating advice a guy can receive. The guys that actually need a few tips really suffer from as a result of being too serious!

# ZEN

They over complicate what is really a simple experience and place too much emphasis on the WIN or LOSE mentality.

All women really want is to have some FUN.

If you can lighten the mood and make them feel comfortable in your presence you are 80% of the way there! Truly. The rest is simply down to a few projections of high value and self respect.

Treat Women With Respect

On the back of taking women less seriously there is also a case for not treating her right.

Treating your women like one of your mates will slowly ensure that she BECOMES one of your mates. You might think at the beginning that it's great she is comfortable around you (like "brother and sister" )

BUT

# ZEN

The reality is she is your girlfriend or wife! Not your mate. Having wrestling matches or farting contests is going to screw your relationship up pretty quickly. Keep the sexual tension between you, after all that's what makes you lovers in the first place.

Coming back to an earlier point: it doesn't actually matter what you say! It's who you are that really counts and that is what women use to judge you, that is how they get attracted to you.

It's how you hold yourself, your energy levels, your subconscious cues and subtle status symbols. Sure humour is attractive but that chubby funster still hasn't got a date has he? But the silent alpha in the corner has every hot girl surrounding him.

Do you ever wonder why that is?

# ZEN

## **#3 — Stop Looking!**

This doesn't mean stop showing up in places where single women are hanging out but it does mean stop EXPECTING that you will hook - up or find a women every time you go out.

It is natural for guys to go searching for women but you end up looking like a pack of dam wolves when you are out with your buddies.

Women can spot desperate guys and you don't want to be a part of that. When you stop expecting and actively searching you will naturally attract the right women for you.

You will chat to women because they are interesting to talk to rather than being part of your twisted pick up approach and set.

By talking less and breathing/listening more you are able to become more aware of your surroundings. Realizing your faults is the first step to moving forward and correcting them.

# ZEN

By stopping your desperate search for women you start to realize the futility of chasing. You will start to work on yourself and through enjoyable experiences with friends you will attract the right women into your life naturally.

NOTE: this approach to dating may not work for everyone.

It is natural for guys to love the thrill of the chase. All I would recommend is to give it a real try for a month or two and see where you get with it.

“Stop looking” does not mean stop living! Get out there and enjoy your life with guys and girls

# CONFIDENCE

Everyone on this earth is equally worthy of love and attention. Your past need not predict your future. YOU decide if you're worthy or not. YOU decide that a woman's rejection means you are not attractive.

Why not instead, reframe a rejection into: "well to bad love, you just missed out on the best night of your life" SHE made the error in not picking you because you ROCK!

Deluded?

I think not: Why should you believe anything else? Does thinking negatively about anything really help apart from exposing your own misfortunes and errors? I am guessing you know your own misfortunes and insecurities to bloody well for your own good. They do not serve you - and you are worthy of better!

Now that you are ready to give this dating thing another shot. Let's give you the best chance of success. Here are some real action steps you can take today.

# CONFIDENCE

## **More Confidence With Women - Patience**

You will intuitively know when the right time to approach a woman is or when you are ready to meet someone new. Do not force the issue or beat yourself up about being a wuss for not stepping up to the plate. Trust your gut and time your approach.

## **More Confidence With Women - Honesty**

Are you ready for honesty?

Pen Paper

Create a list of ALL the things you will no longer stand for - all the things you are not comfortable with about yourself. For me I was not comfortable with my job and the fact that I had no real conversation or social skills.

Ask someone you really trust to read the list and rank from 1-10 the validity of these beliefs about yourself. Do not choose your mom here, they will be too nice. A wingman is great for this.

# CONFIDENCE

## **More Confidence With Women - Appearance**

If you feel that the way you look is negatively affecting your confidence with women then you need to address this. Take your time and don't try to be someone that you are not but rather clean up the rough edges you know you have let go of. Invest in some new clothes - if you wear black often why not try brown? Get a haircut and shave These are small, subtle changes towards a cleaner more success and goal orientated male appearance have been proven to immediately boost self-confidence. Stop accepting second best - strive for excellence in everything you do and follow through.

## **More Confidence With Women - Routines**

Your daily routine - Routines are tough to both create and destroy. Start following through with what you know you want - a fit athletic body, go back to the gym and make it a routine. Your routine will be different from the next guys but just keep up the things that increase your confidence. Do what you love and are good at. Increase the face time and speaking time with friends.

# CONFIDENCE

## **More Confidence With Women – People**

If your family or friends harbour a negative attitude to life and positive change you need to work on isolating your mind from their influence. Don't let them know what you're doing they will only bring you down. Spend more time with people who you believe will help you become more positive and confident.

Join clubs, sports teams and social meet ups, the practice of social interaction is learnt. Easier said than done: but start dating again no matter how long it's been. The more contact with women you have the better.

## **More Confidence With Women – Exercise**

Running is great for confidence – get out there and do some form of physical exercise every day. Remember it's not the fat you are losing and the body you are getting but the way exercise strengthens the mind. Exercise actually changes your state.

So if you feel depressed get off that chair and do something about it. It doesn't have to be long just a quick run around the block if that's all you can be bothered doing. It's more the act of doing something and sticking with it every day. 40 press-ups and 40 sit-ups in blocks of 10 will give you a similar outcome. But stick with it for at least one month ok?

# CONFIDENCE

## **More Confidence With Women - Attitude**

Learn to enjoy the basic pleasures of life they will start to rebuild your confidence.

Mark your calendar today - The day you will start a detox diet of your choice even if it's just more green vegetables and no alcohol. Confidence with women starts one day at a time.

Set goals and know what you want out of life both physically mentally and emotionally. Women love a man who knows what he want. This after all is what confidence is all about.

Choose to look at every wrong turn and rejection from now on positively. Do not spend time analysing what you did wrong simply get back on your feet and follow the steps above.

Above all be persistent. More confidence with women is obviously what you want but it won't come quickly.

***Confidence is earnt! Not won, stolen or bought.***

There is a very important message in that statement. So I will repeat it.

Confidence is earnt! Not won , stolen or bought.

# CONFIDENCE

It means that there is no quick fix solution for your confidence in life and with women. You have to go through life's process of trial and error. Through your errors and misfortunes you will come out the other side a stronger man.

If you don't try at all then you become just like every other guy. With very little will power or confidence in anything, happy to simply let life pass them by. You don't want to be that spectator in life. You will end up stuck in a job you hate with a woman that doesn't love you.

Three years into the marriage you will find out she has been cheating on you and the pain of being alone will be MUCH more than any pain you will experience trying new things and becoming stronger through trial and error. I hope that makes sense and that you understand the message.

# ACTION

It's very easy to read some piece of information and think that you understand it and will be able to apply it in the real world.

But actually doing something is completely different than knowing and understanding is intellectually...

The action and doing part is where all the magic happens: It's where we discover how to put into practice all the information we have gathered over the past few days and weeks.

There are many men out there who think that they know how to impress and influence women, yet when it comes time to perform they are surprised at the lack of results.

You see, Women don't want a guy who KNOWS that he needs to be confident.

***They want a guy who is ACTUALLY confident***

It's most certainly old news that women are attracted to a man who is confident and knows what he wants but does that really help you?

# ACTION

At the end of the day even if you know you SHOULD be confident if you don't know how to get that confident dominant feeling every day and in every situation, it's worthless.

Because you're not putting anything into action or practice in the real world you never REALLY learn anything.

You think you're getting more intelligent and "worldly" with your new piece of information but really your just playing around.

In this information age it's easy to assume that you know many things. In fact your probably do know many things because almost all information is available in milliseconds.

But it's those people who are DOING something with the new knowledge they acquire that will make in-roads and progress in the future.

# ACTION

Women don't want a guy who UNDERSTANDS that he needs to be 'in the moment', they want a guy who IS in the moment, do you get the distinction?

And they don't want a guy who's read books on not being needy... They want a guy who's ACTUALLY NOT NEEDY.

This is the main reason why nerds and geeks seem so awkward in social situations... They just have not had that much time putting social interaction into practice. Everybody would think that because they are so intelligent they surely understand how to act and perhaps they do.

But once again, putting things into practice and understanding them intellectually are two very different things. They spend the majority of their time reading analysing studying or playing computer games which may serve them in their business life but does nothing for their emotional well-being or relationship success.

If they gave up the books for two months I could have them acting perfectly normal - it just takes a little bit of exposure to communication and interaction.

# ACTION

They need to FEEL the emotion of confidence and joking wordplay that exists in normal conversation rather than serious analytical conversation. Geeks could analyse and study solutions to their social awkwardness for years but nothing would get solved until they put action behind their thoughts.

So now that you know (intellectually) that you need to be DOING more will the information that you have (a considerable amount) what are you going to do about it? I would suggest that you write down 5 ACTIONS or events that you should commit to doing every day that involve interaction and activity.

Running/jogging

Approach 1 stranger a day and chat to them / get to know them (could be in a book store or in the line at a fast food restaurant)

Join social clubs and sports teams to broaden your social circle

Limit your computer screen time and spend more time talking with friends

# ACTION

All of these actions require you to ACT and be more rather than read and learn more. Reading and learning is great but a BALANCE is required.

You will intellectually understand the importance of being in the moment during a date.

Picture your date (women/wife/gf) as being the only person in the room.

Your complete attention is on her and only her. You are not in your own head wondering what to say because if you're in your head you're not connecting with her. You actively observe and note her interests when she talks which enable you to bring them up later in the night.

Getting out of your head and away from dating information overload is the most important step for intellectuals. You might be at work all day and "in your head" or in your work.

How do you come out of it straight away and go to a bar relaxed, laid back with an easy going attitude? Most people drink alcohol which leads to even more anxiety down the line.

# ACTION

It comes down to focus - allowing your mind to dart and fly all over the place does not help you stay in the moment for very long. You might feel amazingly confident and in the moment for a few minutes and then it dies out. Remember the feeling and keep it going by leaving no gap between your conversation with friends and your next conversation with the girl standing next to you.

Allow the natural conversation flow to become part of you - there should be no anxiety and friction between sets. If there is become self-aware - you will be letting your mind talk louder than your actions

Have the willpower to say no to that monkey on your back and move forward with definite purpose. You will slip up and get anxious at times as this social interaction is not normal for you but it's all part of learning and growing.

The guys around you that seem so natural at chatting up girls are likely not as genius as you at intellectual problem solving, they do this often so don't feel intimidated. In time you will say goodbye to dating information overload and welcome living in the NOW through action.

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6

THE WOMEN  
OF YOUR  
DREAMS

# “shes out of your league”

The intention of this product was to help you find the women of your dreams.

I hope I have instilled in you how important it is to build a solid foundation of health wealth and confidence with women before you decide on and seduce the women of your dreams.

That is why this section is near the end. Once you have worked on yourself and begun to transform your life and daily routines you can begin to really go out and practice your skills.

The first question you may have is where do I meet that beautiful women of my dreams? The women that I think is out of my league but is actually VERY ATTAINABLE.

What do I even say to her?

Are there certain questions or actions that I can ask or do that will make her love me and stay with me?

# MEETING PLACES

## 1. SOCIAL SITES

There are hundreds of amazing community sites out there online and we do live in an amazing digital world right now so I would suggest that it's one of the places you should look. But certainly NOT the only place.

This space moves very quickly and by the time this goes live they may already be outdated but as of today

Badoo, Tinder, Adultfriendfinder, Xhamster/dating

are all killer places where girls are actually advertising themselves for you to sleep with them. All it takes is for you to set up a NOT AWFUL profile and use a volume approach. Send out as many friend invites pokes flirts and messages as you can. Act like a normal person and dont be a creep - if you INSIST leave it until after she has had an orgasm (she will be very open to most suggestions).

Facebook is another obvious one.

# MEETING PLACES

## **2. Acting Class**

Once again interactive, community driven and people return each week. It's great fun and can be really funny. Drinks after the event is common.

## **3. Wine Walks and Tours**

This one's been said before and can be expensive but it's another great option if you're looking to find high end women. Could be a bit pretentious if you're not into that scene.

## **4. Organised Adventure Trips**

There are places you can go in your local town that organise trips and events around common interests. Hiking, fishing, scuba diving, biking, sport.

These activities always get the blood rushing and are great natural ways to find new friends. These friends can always lead on to something more serious later on which is always the best way to create lasting relationships. There is no pressure because it is such a relaxed environment. You will be outside doing what you love so it's easy to impress without realizing that you are - also happens to be the best way to impress.

# MEETING PLACES

## **5. Volunteer Work**

It can be lot's of fun to volunteer and know that you're giving back to the community. Getting to know other volunteers is easy and you get to see your city in a different light. Kids coaching, clean up work, big organised student helps

## **6. Yoga Class**

Meet HOT women in yoga pants and lose weight while you're doing it! IM IN

The gym is teeming with attractive vibrant and fit young women but a more interactive team style class such as yoga or kickboxing gets you interacting with people.

Much easier to strike up conversation when interacting than when you pumping iron. Closed team environments open up people to advances in a natural way. Women might be a bit weary of being hit on in gyms... been done to much. Yoga classes become a regular thing so it's easy to become friends.

# MEETING PLACES

## **7. Art Centres**

Most towns have an area where there are outdoor stalls and sections where you can check out the local art talent. Cool little boutique stores and trendy coffee shops are another great way to either take your date or find one. Relaxed atmosphere and passionate people make this a great way to find women.

## **8. Specialty Parks**

Sometimes there are parks designated just for (eg dogs). Women love to walk there puppies and dogs will always interact with each other meaning you don' t have to approach anyone - your pup will do all the work for you

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# MEETING PLACES

Once again - Don' t forget to ask for her number! Or at least say your name and suggest that they send you an email or social message. This is a HUGE point that so many guys fail to act on. Even if you think that she may not be interested because she is not showing any flirtatious signs. Even if it goes against certain customs or it might not be considered polite. Your not their to be polite! You' re their to get a number and meet new fun people.

Please just ask. Ask ask ask for peoples details and meet up again some time. If you don' t you will always be that hopeful guy that' s always expecting others to approach you and set everything up which never happens. If you want to change your life you have to go out and do it yourself.

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7

CONVERSATION

# CONVERSATION

So now that we have inspired ourselves, learnt about confidence and are committed to improving our lives every day by going out and meeting new people or approaching that women you have been thinking about for months.

What do you say?

With great first date conversation you are sure to get a second date even if you don' t really "bond" . It' s unreasonable to think there will be immediate sexual chemistry at a simple lunch date, or though it is very possible to have a women almost in love with you after one date!

That usually comes later, so all you should be focused on in your first date is to keep the conversation flow moving forward and redirect any conversation sticking points toward something more positive. The whole point of the first date meetup after you have got their number is to just keep it casual and establish as much TRUST as possible.

The best and fastest way to create trust is through the sharing of secrets or information that is important to you. Such as an old family story that you only share with your best friends. By doing this she will be compelled to share something about herself as equally personal. You are now both bonded by this information as its something special that the two of you share.

# CONVERSATION

## **What Not to Do**

Controversial topics include: death, religion, politics, divorce, pet hates: all these conversation topics can lead to small arguments or disagreements. If you trying to probe your date with 20 questions regarding her past and present beliefs you will ruin the real reason for the date.

Talking about your past negative relationships screams “stuck in the past”. Your date will not be impressed if you go on and on about them so best idea is to never bring them up. You can mention past relationship duration but that’ s as far as you should go.

Some emotional insecure guys might try to predict what her dates wants to hear so that they can be more congruent in conversation.

This common conversational mistake leads to outright failure because you can never predict what they are thinking. Be yourself and hope for the best because liars always look like fools.

Look up and directly into your dates eyes. Many guys find this difficult to do as they are used to indirect conversation over some activity such as sport or beers.

# CONVERSATION

Your date will notice if you look away when she tries to hold your gaze. Looking away is a sign of weakness and insecurity which is certainly not what you want to convey.

You don't have to stare non-stop but just make sure your head is up and in her direction most of the time (not staring at her rack). NOTE: if she does catch you staring at her body and looks at you in any kind of condescending way DO NOT accept her put down. You are a man and it's perfectly natural to look and admire her body. She cannot expect you to not look at her body when she is wearing yogo pants and a low cut top. Her laughing at you for simply admiring her body is a classic female dominance ploy. IF she catches any kind of guilty reaction from you she knows she can use her body as power. Instead of acting beta - talk to her about she has a great rack right out in the open.

# CONVERSATION

**HER** – *“were you just staring out my boobs?”* haha laughing condescendingly

**LOSERYOU** – *“oh ha, no you have a nice shirt on I was just noticing the pattern.”*

**YOU** – *“Of course – you have great boobs and you know it, it’s why you’re wearing such a low cut top, but thats superficial surface shit you know? I’ m interested if there is anything more to you than looks.. because thats what lasts.”*

Your letting her know that you’re looking for a girl that doesn’ t rely on her looks to get guys. You are challenging her right to her face, countering what could have been a bad situation for you.

You have to become VERY aware that women are VERY good at social interaction and use emotion and word play to manipulate situations (and you) to their will.

# CONVERSATION

If your eyes are not on her make sure they are not on other women. She won't be impressed if you are checking out girls while you are on a date. This is all part of the conversational experience - it's not just about what you say.

For effective first date conversation it is crucial that you focus on your

**Voice tone:** pitch and variability when necessary, obvious but always forgotten.

**Eye direction:** Keep your focus on her, she will love the attention. She will feel the attention you are giving her if your eye contact is sincere and steady. Eye contact is one of the most important parts of any first date experience. It's one of the crucial areas of the bonding process.

**Body language:** Women can spot a desperate man from a mile off. But at the same time coming off completely disinterested in the date will also blow your chances. Just be yourself but focus on how your body is in relation to hers. Keep your arms unfolded and open to her advances. It helps if your hips are oriented in the same direction to hers.

# CONVERSATION

## First Date Conversation

Conversation that is driven only but intellectual surface to surface topics will not stimulate the emotions of your date.

I mentioned earlier that your sexual connection and intimacy will come later but that does not mean that you shouldn't talk about emotional topics.

The secret to the first date is to ensure that your date feels noticed and understood. Ask her questions and move the topics toward emotions and feelings if it feels natural to you.

This could be something as simple as chatting about her future travel plans. That way she will be thinking about emotional travel experiences and adventure rather than boring work.

It's crucial to smile on the first date. One person that is smiling can light up the whole room. When you smile it makes your date feel relaxed and happy to be in your presence.

# CONVERSATION

Get used to smiling with warmth and presence.

Listen intently and actively to what your date has to say. They want to feel loved and respected. If you ask them a question and then look away your chances of a second date are slim. They will soon get the impression that you care little about what they have to say. Every person (independent of looks and social status) can teach you something amazing about yourself.

Never count a date out until you have gotten to know them. Respect everybody until THEY prove you otherwise. If you met this women online REMEMBER her name (obviously), her dogs name, what her dog has for breakfast, what she loves to do on Sundays, her family' s history, ANYTHING that she has told you in the past REMEMBER it.

Bringing up emotional and person topics then becomes much easier. We all love to talk about ourselves so if you move into an awkward silence just bring up her dogs eating habits or her what she likes to do in the weekend.

# CONVERSATION

Remember those awkward moments on the first date where the two of you came completely unprepared to TALK? Whether it was nerves or incompatibility those silences can be avoided with a bit of pre date prep work.

Conversation flow is about allowing the conversation to move naturally from one topic to the next with no friction or tension in between. It helps if you can integrate your personality into the conversation topics and infuse the experience with wit and humour.

However if you are just starting out at this first date thing then sticking to some set conversation topics is a good idea too.

Good conversation flow only occurs when you are in a relaxed mood which is tough when in the presence of someone you want to impress.

Voice tone is important when keep the conversation flow moving. You could be unknowingly coming across: arrogant, condescending, negative simply by your voice tone. Smile and keep your energy high but body relaxed at the same time.

# CONVERSATION

It's easy to get intimidated at the thought of a blind date or your first date as a result of online dating. Even though you know that you're both into the same stuff and you bonded online you never know how the chemistry is going to go offline.

Plus you might be nervous about your ability to put a good performance in. You realise that offline communication is much different than emailing women online.

Good conversational flow can be destroyed by bringing up controversial topics or talking so much that it becomes one sided (very common)

# TALKING POINTS

## **Travel:**

Whether you have travelled or not means little. The point is that you are talking about the future (potentially together) you are talking about goals and aspirations and moving forward. Chatting about exotic locations together defiantly relaxes the mood gets her thinking about what fun she will have with you. If you have travelled alot keep your boasting a minimum and keep her talking about the places SHE would like to visit and what SHE could do there.

## **Music:**

Not everyone is into music but most will be happy to chat about certain genres that represent their personality. If you find out she is really into music you can get into interpreting different songs and the rest is history.

## **Pets:**

Women love to talk about pets and animals. If you have any pets they are a great way to move the conversation on from anything serious. Just make sure you don't ramble on about how amazing your pets are.

## **Foods:**

Food is one of those ancient pastimes that revolved around sharing stories. The dietary habits of your women will say a lot about her.

# TALKING POINTS

## **Current Scandals and News:**

Women also love all of the celebrity gossip and news so get into that if you have nothing else to talk about. You will get an indication if she likes to chat about it by her reaction to your news story.

## **Family:**

You can be sure that her family will be very important to her.

## **Sports:**

Both watching and playing, hopefully the two of you have this in common. But if it is not a common passion then leave it out. One of the sure ways to ruin a date is to talk about something constantly that does not interest her.

## **Hobbies:**

Ask her what she does for fun when shes not working. She will love to talk about her hobbies. Be interested in her hobbies and show real interest in your tone and eye contact.

## **NOT Work:**

Talking about work is a last resort. Do not bring it up unless it' s where you met and it seems natural.

# TALKING POINTS

## Overview:

Guys still ask – what am I supposed to talk about? The point is that it doesn't matter – ask her about her interests and passions. Steer the date away from 21 question interview style and get her passionate about the conversation. What you're trying to do is find a topic that you both “vibe” on and stick with that.

In general wherever the conversation seems to flow most naturally is where it should go. Sometimes there is nothing you can do to turn a bad date good. Sometimes it's a numbers game. But to make sure you understand make sure you are talking about 40% of the time while she is talking about 60% of the time. Also the more personal and emotional the topic conversation the better connected you will be.

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8

HEALTH

# HEALTH

You can have all the confidence with women in the world but if your physical health and diet are awful you will have much less success. To explain it another way - if you get your health diet and exercise right it can truly change your life. We are talking about a biological attraction now rather than just a surface physical attraction.

Great physical body shape and a very healthy diet will make your skin eyes and smile shine which will do so much for your confidence and attractiveness with women. It's one of these additions that you can do without but it helps so much in your overall life that you just cannot ignore it.

If you currently smoke, or use other drugs to get through the day I would strongly suggest you do everything in your power to get these out of your life. You may not see the advantages on a day to day basis but over months and years it truly does make big difference to your life and happiness.

# HEALTH

You are what you eat - Ditch the sugary drinks and low quality refined products. There is a whole new world of enjoyment out there when you discover how to cook real food. Women love a man that can cook. If you feel that you drink too much alcohol, smoke or do any form of drug you will obviously understand the impacts this can have on your confidence. If it were me I would completely stop all drug related intake for at least 3 months. Think of it like a scientific experiment. If nothing happens or changes in your health then go back to your old life. But you are here because you want to change your life.

So please take that first step for me and start cutting out foods in your life that don't help you move forward. I would suggest that you only eat whole raw foods (fruit vegetables nuts seeds) Cut out a lot of fatty meat and dairy, cut out most sugary foods also. Instead of snacking on low quality nutrient poor foods consume 300g of dried figs or almonds with tomato juice. These kinds of foods will do huge things for your sexual libido and it's such an easy thing to change in your diet.

# HEALTH

You will continue to eat foods that are bad for you and your long term health if you don't believe that they are truly influencing your life.

The reality is you will never know until you try a really great diet. The food you eat really does alter your external appearance, thought processes (brain function), actions routines and motivation.

If you really believe that your food choices affect all of those things and continue to eat bad food. You are saying to yourself that you don't care about your own thoughts and your own motivation.

If we look at your body at the cellular level: understand that the very nutrients we consume gets absorbed into our blood cells that travel to our brain (where it all happens) You have the power to influence your brain function through food and regular exercise.

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9

WEALTH

# WEALTH

This is single most important aspect of your life. So much bigger than you're likely aware. It affects your very valuation of yourself in the deepest sense because it signifies in this modern world what value you are able to provide to your future family and wife.

The more wealth you are able to produce in your life the more opportunities everyone around you has. There are limits to the happiness that money can bring to your life but apart from that it really can bring freedom and relationship bliss into an otherwise hard struggle.

The real question is: what are you doing in your life to ensure that your future will be one that enjoys financial freedom?

Are you paying off any debts that you have? Are you creating a business that will pay you over and over?

# WEALTH

Are you currently in a job that requires a huge amount your time and energy? So much that you cannot provide your time and love to someone else?

A successful business or very good respectful job will completely transform your life because it imbues a deep sense of self respect that others notice.

Knowing that you are in control of your life and are moving forward in a confident way is perhaps that biggest attraction pillar there is in life.

Without it you can have everything else right in your life but this ONE pillar will hold you back.

You may still be able to get dates but keeping those who you love in your life or getting that amazing beautiful women to marry you will be tough.

It will be tough because she wants someone who will provide a great life for her and her future child. She wants free time to enjoy hobbies and interests. She wants to enjoy time with you without having to wait for both of you to finish work late and exhausted.

# WEALTH

As a man I urge you to spend most of your time to insure that your life has some kind of security in it. Especially if currently you are either struggling to pay rent or quality food. Or you are spending so much of your time working that you have no other time for anyone else.

## **The Journey:**

First you must choose your path. This requires a deep understanding about who you are and what your strengths and weaknesses are.

Are you a salesman? Do you have an entrepreneurial spirit? Or are you very analytical person who likes to work in teams?

Get this decision wrong and you will be working in a job you are not suited for. Your natural strengths will not be working for you but against you. It's already difficult enough to achieve financial success, do not fight against your natural abilities.

# WEALTH

## **The Realisation:**

A realisation will come to you suddenly about who you are and where you want to go in life. Typically this happens in your early 20' s but can happen at any time. Something clicks in your mind and your world opens up with opportunity.

A sudden rush of energy and excitement for the future will occur while you realise that the old path no longer works for you and this discovered path will be the direction for your new life. Searching for this direction or epiphany will not work but will come unexpectedly. If you already know in which direction you are going and why you are many steps ahead of your competition.

Financial success is often about mastery of a certain field. This takes time, expect 5-10 years to master a field which is often referred to as your apprentice years. The important point here is that you never give up on the goal and dream that you have set yourself.

It may be harder than you ever thought it was going to be filled with obstacles along the road but the end is literally a dream come true of possibility and life happiness.

# WEALTH

If all you feel rejection and disappointment then it's time to either change what you are currently doing or start the learning process. You are struggling and frustrated because you are either trying too hard at the wrong thing or not trying hard enough at the right thing.

Use the 80/20 principle to good effect in your life and riches will come to you with ease. 80% of the results you see in your health wealth and relationship success will come from 20% of your efforts.

Focus on what actions you take on a daily basis that are the most beneficial to your life. It could be contacting the right people or working on a specific part of your business that is the bottleneck.

What would happen if you spent all of your time on the 20% and let others deal with everything else. You would see dramatic increases in profit and results.

This is how you become more efficient and get more done in less time.

# WEALTH

Every single day progress your business, physical health and personal life forward by just one percent. You do not need to make massive progress every day and in fact this is rarely possible and will cause stress and mistakes. It's likely that you will have periods of fast and slow growth but the process of continuous effort over time is proven very effective.

Change your thinking: Working smarter not harder - you may or may not have noticed that life is not fair! The financial system is not fair and those out there that expect that it will serve them in life so long as they get a second job and work harder are often disappointed. They are like a mouse on a rat wheel trying to sprint faster and faster but getting more and more exhausted. Their physical and mental health suffers and they are no richer than when they started.

# WEALTH

You have to be certain of what you want in life and find a way to make money and others serve those goals. To many of us have no idea in what direction we are running and why. This only serves to make us tired and unhappy. Have a clear purpose in your life, your financial direction needs to be told where it' s going and why.

Otherwise you will find yourself poor and suffering like many in this world. Mastery of your financial life will give you so much joy, free time and female attention it will be like you awoke from a life of hibernation.

Knowledge and the effective use of technological tools can make you more money than you ever dreamed of. Spend a part of everyday learning and researching how to use technology to serve your financial goals. Whatever way you choose to create financial freedom technology will be at the forefront.

**REMEMBER:** We live in a very different technological time than our parents. Your parents may have wanted certain things from their life that never happened. They may regret not going to college or starting a business and will push you into doing something to fullfill their lives.

# WEALTH

You do not have to live up to your parents expectations. You have to live up to yours! Set your own goals and live your own life. They may not be aware of the power of technology. It is moving very fast and everyone is at risk of being left behind if they ignore the advancements and changes in social trends and usage of digital assets.

Old paradigms have already and will change. Change with them and embrace change because that is where opportunity lies.

Some reject changes because they are so used to what works for them. Do not be rigid in your approach to business. Many older generation brick and mortar businesses are still not online yet (even with a facebook page) because they never learnt how to use the internet. It seems unfathomable – think how much business they are losing out on. When it's too late they realise the tide is in and it's swept away their profits.

**“the great fortunes of the world were made by people who saw opportunities that others didn't” - J Ma**

If you see opportunity and feel like you can add value AND you have a competitive edge there is no reason why you shouldn't be creating a business right now.

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THANKYOU

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# ATTRACTION PILLARS

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thankyou for reading attraction pillars  
please be sure to read the psychology bonus

**GOOD LUCK**

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# PSYCHOLOGY PERSONALITY PROFILING

*"master health, wealth and sexual attraction and transform your life so that you can fck the women of your dreams and live the life you always wanted"*

- fckme.org leaked files -



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1

# PERSONALITY PROFILING

Once you have organised your financial life and committed to routines that will serve your body and mind it's time to move on to more complex stuff.

Now it's time to dive deep into profiling and analysing the main personalities that exist in life. By understanding who you plan on seducing, you are better armed and have a better chance of success.

When you understand deep psychology and profiling you will have subliminal power over women. You will have the knowledge that goes beyond their understanding of their own actions.

Understand this and you will be able to make her fall in love with you. She will be pliable to your will because you understand at a deep level what drives her and what motivates her spiritually and sexually.

Learn to seduce, it doesn't require any change in personality or physical appearance, the art of seduction is a game of psychology alone.

All that is required is that you look at the world and the people in it differently.

The power of seduction in social situations exists because the seducer has been able to tune down the sexual element, but they are equally as persuasive without it.

Erotic desire and love are intertwined in almost every human endeavour. Even in a business conference room the seducer is using his knowledge of personalities to gauge everyone's wants and needs and use them to his advantage.

The seducer sees the world as one big game and everyone in it a potential future friend or lover. Just by judging their body language and reactions to simple questions he can customise his response to maximise his chance of influence and persuasion.

The best seducers of women in the world don't leave anything up to chance. Once they have mastered their own personal confidence they move on to mastery of their "target". Which in your case could be anyone that you so desire, in this cases it will be the women of your dreams or your future girlfriend.

Let's imagine you saw a women walking down the street and she immediately made you weak at the knees. You felt your chest tighten and your breathing shorten. You smell her sweet perfume as she walks past with a smile.

If you were the master seducer... Greeting her and casting a spell of love upon her would be second nature to you. Rather than your mind be focused inwardly about your own nervous and stuttering voice. You would be shining outwardly focused on her and judging her personality so that you could best influence her positively. Becoming a seducer is not about cheating lying or misleading anyone

but rather about mastering your own energy personality and emotional power. You do this so that you can impress upon others what you wish and bring happiness into their life.

You may feel nervous when these women pass you because deep down you understand that you have not yet mastered this.

Remember with competence comes confidence. The only way you get competence is learn the right methods and strategies and then go and practice. Seducers understand that love and romance is not magical but psychology.

The better they know the women they are trying to seduce the greater the chance of success.

Your gaze as a seducer should be outward looking. When you meet someone you should be interested in understanding their innermost desires and goals in life. Self-absorption and too much self-love will kill your chances because it is anti-seduction. Rather than seeking pleasure become the provider of pleasure in a women's life.

Adults are often cut off from the childlike play and pleasure world, come into people's world and provide pleasure.

Beautiful women are craving excitement and adventure. If you can become the guy that provides that spontaneous energy they will love you for it.

You may think that seduction is a negative word with bad connotations but once you start bringing happiness into people's lives you will understand that the world needs more people like this.

Become the performer and rid yourself of being weighed down by your identity, your past, your family or current circumstance. Some people are so fearful of everyone else's judgment they live a life of suffocation.

The society or government with which you live may place a huge pressure on you to live within a set of pre-defined rules. Do not let this control who you want to be in life. Be nature, be fluid both in mind spirit and body... This fluidity and natural energy is what will make you attractive.

Regular exercise and yoga/tai chi gives you a natural body movement.

Regular meditation gives you a peaceful attractive mind. Seduction is a form of deception, but everybody wants to be seduced. They want to fall in love and be happier and be shown higher realities and to be romanced.

Women will put up walls to protect themselves but deep down they would love to let these walls crumble at the first sign of a romantic seducer.

Adopt the seducers playful philosophy.

Persuasion and charm are your tools.  
You must understand yourself and what is seductive about you as well as the women you are interested in and what they find seductive.

Let your sexual excitement take over you and use this energy in your seduction.

We all have the power of seduction but many are not aware of this and we try to dismiss or avoid it as some dangerous emotion that will get us in trouble. But properly managed it can serve us in life and in love. What is it about you that naturally make people happy and attracted to you?

Which qualities can you magnify?

Let's look at the different personalities in life. Choose which one you are as your dominant trait. The following traits/personalities are general and describe both male and female qualities.

Here are some real action steps that you should take. They are concrete personality traits – understand them and learn to categorize the people you meet. Where do they fit based on their actions and emotional reactions?

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# THE SIREN

ancient seduction - mythic quality - supremely confident and a little dangerous, the irrational, seductive power - the siren has the most potency. The siren operates by distinguishing herself as different from other women, highly feminine , she also has the ability to force men to pursue them and lose control, distant, but dangerous.

A man is often ruined by the siren but cannot help it. The sirens main qualities are the physical beauty. Voice - immediate suggestive quality, the siren hints at the erotic. Ambiguous and mysterious is the siren.

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# THE SINNER

(I would not recommend that anyone desire to be this personality... but they do exist)

Intense desire, this personality is often frowned on by society. Pure pleasure, the sinner allows her total bliss. Often her marriage only produces duty and a bad husband, the sinner gives her a short term relationship of frustrated desires. The seduction artist does not provide the simple emotions that society expects.

They go far past the exterior deep into the desires that are so often restrained. The sinner is a devilish man but is one part of the 9 personalities.

The sinner manages to satisfy repressed desires.

To play the sinner you have to let yourself go.

The sinner often has a great reputation, do not leave it to chance, display it with the care of an artist.

Rebellious streak with a devotion to pleasure and even pain the sinner is a true bad boy.

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# THE IDEAL LOVER

THE IDEAL LOVER: (valentine – a great seducer to aspire too)

You are the ideal image of what women think a great lover should be. You do your best to satisfy their fantasies of the perfect romantic dream.

You are the love security romance and caring that is missing in their lives.

Remember that our ideal is often what we think is missing within us. If you decide to take on and magnify your ideal lover personality you will reflect what is missing in their world.

You must be able to observe their tone of voice and body clues, which betray what their words don't say.

Become the chivalrous knight and serve her. In the past this was often performed with dangerous pilgrimages in her name or with the use of poems and songs.

Absolute devotion to your women is required if you want to become the ideal lover.

Many men will hate the ideal lover because it forces them to become more romantic and caring for their own women. The wives see the romantic lover personality doing so much for their wife and resent their own marriage.

Combine sensitivity, spirituality, poetic artistic flare and innocence all in one to master the valentine like ideal lover.

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# THE FEMININE

The feminine uses feminine charm against women without losing their masculine attraction.

Graceful, feminine appearance, sensitive to detail with just a hint of male cruelty so as not to seem homosexual. Show them feminine charm, leaving them open to a masculine charm. Retain an independence and detachment.

The vast majority of people conform to the current time. Everyone imitates one another.

For those of us that are up to be different than those who conform there is a possibility to thrive. When everyone acts masculine the slightly feminine becomes attractive to many women.

When everyone is acting feminine slightly more masculinity will appeal.

Most are secretly oppressed, feminine will attract by being different. Poke fun at current styles; be supremely uninterested in what others are thinking of you. Express yourself with total confidence.

Unique visual clothing with little touches of uniqueness by customising styles that are "in"  
Attention will come to you

Attitude towards life will set you apart, Feminine don't give a dam about other people and never try to please. The feminine man lives for pleasure not for work.

They can adapt to the female way of thinking easily and so often are surrounded by female friends.

Many celebrities and even rock idols adopt the feminine figure, in their girlish and childlike behaviour and acts. Learn playful feminine skills and adopt some ambiguity.

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# THE NATURAL

THE NATURAL (another great seducer profile to aspire too)

Nature is very attractive.

So much is fake and man-made today, so much so that when something pure and natural comes along it is very attractive. Childhood is looked upon as a golden age of innocence and happiness which for many of us is lost.

The natural seducer still has some of that childhood innocence, a wonderful pureness, a particular quality that women find very attractive.

The inner child! You have to let go and remember the spirit that you used to have and let it return. Remember who you were when you were young and adapt fully into the innocence.

Innocence is weak because it is doomed to fail and be crushed by the harsh world. This elicits compassion; adult naturals behave like they see the world like a child.

Play up weaknesses and flaws of yourself but have the fearlessness of a child.

Blissfully uncaring about the world around you may seem dangerous but the natural seems to go through life with ease and grace. The natural has no need to care, no need to be normal, uncaring and naturally seductive.

We envy them! and that is where the attraction lies. The natural is often a wonder child with a special talent, an inborn impulse , blessed with spontaneity, talented beyond their years.

Do you close yourself off? Children are open and responsive. In the presence of children we are softened and become more childlike.

Let go of your ego and let the natural way take you over. Become a seducer the way of the natural.

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# THE TEASER

The teaser is often a female personality and is another one that I would not recommend that you become.

However it is included because the more you understand about female personalities the more power you have. Understanding the teaser will allow you to avoid them!

The teaser personality teases and arouses desire through attitude in order to trap people emotionally. Those that fall for their trap become an emotional victim.

The teaser is perhaps the most effective seducer. They are cold and distant creatures who are often so detached from their own emotions they become experts at using them to manipulate others.

The more obviously you pursue a woman the bigger chance you have of pushing them away. Neediness is a very obvious weakness that women look for in men.

However teasers are experts at this game as they withdraw at the perfect time, playing the hard to get game with perfection.

The teaser makes us insecure, weakening us so much that we become their victim. She will create desire through withdrawal of attention or emotional energy.

The teaser is very independent and men want to make her dependent on them. She is self-sufficient emotionally because she is so withdrawn and so is able to manipulate the emotions of others without being hurt herself.

The less you seem to need others the more women will be attracted to you. The teaser uses sexual favours, deliberately sexually arousing men and sleeping with none of them.

Contrary intentions with contrasting emotions should give away the teaser. Watch out for kindness and bitterness, guilt, anger, love, then out of nowhere joy. She will be the master at creating jealousy in you.

Your natural insecurities are heightened by teasers devilish acts.

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# THE CHARMER

A natural sexual tease the charmer is an expert at creating sexual tension out of nowhere.

Sex should be kept at bay, in the background, always in the future.

A women's personality and ego should be at the centre of attention, talk to someone about themselves and they will listen for hours!

But you must be very subtle about how obvious you are with your flattery or you will be caught out and laughed at. If flattery was that easy everyone could easily become the charmer.

However this is not the case, if you get flattery wrong you risk looking like a cheap salesman only complimenting others for their own benefit. Your flattery then holds no value. Your authenticity and honesty should be your main asset.

Make your women the centre of attention; cast a light on her indirectly through.

Find out more about them and appeal to the specific needs, goals desires and passions. Empathize with them as you are working in their interest.

Become a source of pleasure to the women of your desire which is often best achieved through light hearted and fun rather than serious talk. If you are to perform this role an energetic attitude is a must.

Never be boring and unenergetic as this is extremely unattractive. Life and passion is what you need to convey at all times. Regular exercise (every day) and a good diet can help here.

The charmer smooth's over conflict never criticizing or complaining.

Lull your victims in ease and comfort, mirror their moods and adapt to their values and tastes, understand them at their core, their customs or deep goals and desires. Show calm in the face of adversity; you will seem patient and confident about adversity. Welcome it to show others how calm you are. Never complain, never try to justify yourself.

Make yourself useful, make yourself the centre of a wide network of useful people. Your social skills will become very important here.

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# THE CHARISMATIC

The leader is a quality that is powerfully attractive. Bold self-belief, felt by everyone is very magnetising to both men and women. We follow charismatics; they promise adventure or prosperity, we fall in love with them easily.

The charismatic man is divine, with intense visions and a greater purpose. The charismatic often has the appearance of a sign of gods favour. In their presence you feel a magnetic energy.

They stand out and speak up for a great cause bigger than themselves. The seam possessed even cult like. It's mysterious, and never obvious the charismatic is unusually confident with language.

In their presence we have some kind of religious experience.

We believe in them without having any reason to do so. Authenticity and an inner glow of sainthood. People want something to follow, something to believe in.

Purpose - if people believe you have a plan, people will follow you, it doesn't even matter what it is, especially in times of trouble.

Mystery - at the heart of charisma, you will be unpredictable. Make people talk about you. Reveal your contrasts slowly. Never let anyone figure you out, predict things with authority.

Never compromise on what you believe in. Match your values with your life. You must have some deeply held values to begin with. You live what you believe and you will not waver from these beliefs.

Words are your best tool. Get caught up in your own words. Command attention with radiating confidence, self-awareness and composure.

You don't fear death, fearlessness, adoration, there should be a dreamlike quality in your character. Belief - such a strong belief is required. You cannot fake this. Some great cause to rally around. You share none of the doubts that most share.

People are more and more isolated - give people something to believe in and rally around. Vulnerable - reveal your love for your followers.

Take risks for good of others and never be timid.

Magnetism - the eyes are piercing , exerting force without action, your eyes can convey strong emotion.

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# TOTAL DEVOTION

The goal of the lovesecret was total devotion from women – how do you attract the top 20 percent of women in the world and keep them attracted for life. How do you guarantee that she will never cheat on you with a younger richer more attractive guy. How do you get a great women to make you the priority in her life, even over her own family and friends.

As men – we want to be appreciated, we want to earn something and have things in our life that we can touch and show people. However women simply need a compliment said with sincerity, that means the world to them. Tell them you love them with real meaning and energy and be specific about why and it could be the difference between her leaving you or her staying for life. As men we realise that a women can bring so much happiness into our lives.

But it's not always easy, sometimes women can be very hard to deal with and understand. Use compliments richly and lavishly in your relationships. With women – you can never give enough praise, remember that the impulse to cheat, is because she feels like her man doesn't appreciate her anymore

You must work every day of your future marriage in making your dream girl feel loved and admired by you. Tell her you love her and prove this to her with your actions. Be proud of her on your arm and respect her as the wonderful women that she is.

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# EMOTIONAL POWER

She may react emotionally and call you names – she will often do this to invoke a reaction of some kind. She wants you to react back at her with emotion so that she can control you in some way.

She will bring up anything and everything from your past. She may probe you with lies and jab you where it hurts with words.

She can hurt you emotionally because she knows and understands where you are vulnerable. As a strong man you **MUST NOT RESPOND** to these emotional attacks. You stay strong emotionally and simply walk away from the situation until she calms down.

You stay rational and calm under any emotional attack. The one thing that women are not strong at is emotional stability. Your future wife requires that you stay strong and do not reply with emotional hurt.

A women will always win an emotional fight but if you bring calm and reason you are in control and she will admire you for it even if she does not say it.

She needs that stability because she knows that she does not have it. Staying calm when in a heated argument is very hard and requires a lot of will power.

Remember it's not about winning or losing the argument its about not responding with ego or negative emotion.

Simply bring up the correct facts and leave it at that.

When she realises she is losing the argument she will try to hurt you with nasty words about your past or your weakness. At that point be happy that you have won the argument and simply do not respond.

Every bad word that comes out of her mouth is simply making her look silly.

The mastery of emotional will power and calm is a trait of the alpha male. One that you should focus on strengthening every day.

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**THE 3  
CONFLICTS  
WOMEN  
FACE**

We live in a MALE DOMINATED SOCIETY and there is immense pressure for women to fit in. Women love sex, NEED sex and experience MORE physical pleasure from sex as men. However they cannot sleep with anyone especially in eastern culture. HUGE taboos exist around women and the rules of marriage. Understand that a women not wanting to be intimate with you may not always be because she is not attracted to you.

**Conflict of Time** – Women are biologically programmed to mate with the most dominant, high status man they can find so therefore she wants to spend time really screening the men she dates and finding the best one but there is pressure from society to be with a guy who has high status and it is looked down upon if a girl is single for a long time.

**Conflict of Sex** – She wants to enjoy the physical pleasure and emotional intimacy of sex - but sex in the past has led to emotional trauma and critical judgment from society and her peers.

**Conflict of Relationship** – Her biological wiring drives her to support and nurture family, and develop her feminine self / but our male dominated society encourages achievement, status climbing and developing her career, just in case she doesn't find a man to provide for her.

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# UNDERSTANDING WOMEN

The better you understand the different types of women... the better equipped you are to master the seduction of them. The secret of love and to build the best loving relationship with the most beautiful women is choice. Walk down a busy street and you come across potentially hundreds of potential future wives. The big problem arises when you are to choose which one to commit your time and resources to.

Not every women is right for you, in fact very few are perfect for you personality type age and goals in life. As men we are the selectors, the choosers and you MUST choose well in life. Both in what you choose to eat, your business decisions but most importantly the choice of a wife.

All women have the conflicts mentioned above... The difference you must become aware of is how women choose to deal with these conflicts. Remember the conflicts?

They are time (her biological clock is ticking)

Sex (a women is judged and must act a certain way or risk being cast down in status)

Relationship (does a women commit all of her time building a career? Or commit to a man in the hope that he will pay for her life)

HOW a women deals with this defines her personality in many ways. If you get good at picking her type you can adjust how you respond to her and increase your chances of attracting her.

So... Women have a limited amount of time, but they want to get the BEST possible guy. Some women date many guys at once or at least are testing different guys for potential marriage potential.

Other women stay very distant emotionally from men but commit everything they have into one man. They invest all their resources in one man working on him and ironing out his flaws.

If you are attracted to a women and would love to date or even marry her you must understand her type.

If your advances have failed it's likely that you don't understand her personality type. What your trying to do does not resonate with her beliefs and attraction triggers. Perhaps she is only interested in getting married to exactly the right man and she has very specific requirements for this.

Do not take rejection personally, it's very often nothing to do with you personally. Its very common for Chinese women to require a man to have a very stable job or even apartment before they decide to date him. Do you have your financial life sorted out or are you living with parents or friends? Change this one area of your life and your success with women will increase dramatically.

Women want to indulge in sexual pleasure but there are social consequences for doing it. They will either block it out, or Deny it has happened, or they will come up with reasons to Justify why it was OK.

Women have strong maternal instinct to focus on raising and maintaining a family but society pressures her to be career focused. They will either be realistic about fears and come up with a real solution for them, or maintain an IDEAL image of her future husband and kids. Some women focus strongly on getting a great job and take responsibility for their financial life. Others are looking for a man to look after their financial life and believe in an idealistic marriage.

Ask questions when talking with your dream girl to find out what kind of beliefs she has about marriage and dating. If you find out that she is focusing on her financial life she will be more flexible with your lack of financial stability, she may also be more likely to date you casually. If however she is very focused on finding the ideal guy and doesn't seem to have any job or security in her life... you can be sure she EXPECTS you to take care of this for you. If you also have no stability there is very little chance she will want to date you.

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# THE WOMEN WHO TESTS GUYS

Women who seem to know many guys at one time but not really dating any of them are testing each guy to find the perfect one rather than investing all of their energy in one guy. Do you know a woman like this? Do you get frustrated that she flirts with just about every guy but never commits anything further?

Here's what they are doing

- They don't care about finding the one perfect guy. They get what they need in a combination of guys
- They have multiple guys to feel significance, to feel validated and wanted
- She's not always sleeping with all of them (or any of them)
- She has sophisticated strategies to keep guys "in orbit"
- Testers can be converted into Investors if you have the right skills

## Best ways to approach

Tester: make a joke – an observation about something relating to the environment. Keep the focus off her for now.

### EXAMPLE:

Café – she appears to be studying (reading or working on a laptop)

Make a lighthearted comment about what popped into your head when you saw her studying, “I’m so glad I’m done with school. I was the worst student ever.” (This is better suited for a Tester.) *do something silly or physical – like giving her a high five, or simply giving her a big smile and saying “hey there!”*

PRO TIP - Testers are harder to seduce if you have an introverted personality. So if you know that you are naturally shy try to attract investors! Being introverted gives you an immediate advantage with investors because you can immediately start talking about personal serious topics in quiet manner rather than being very animated and joking.

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**THE WOMEN  
WHO IS  
SERIOUS  
AND INVESTS**

- She wants to have the perfect guy – but is really looking for POTENTIAL
- She tends to only date one guy at one time and invest her time and energy in him
- She prefers fewer relationships, but longer relationships
- In most cases, if she is successful in FIXING you, she loses interest (no more fun)
- She will stick around unless she is CONVINCED you're not the one, then moves on

## **Best ways to approach**

Investor: ask her a question relating to what she's doing or paying attention to. Convey that you noticed her out of the crowd and that she is special for a specific reason!

Ask her if she goes to the local university and what she is studying. (notice how this is a more direct approach because of how focused you are on her immediately.)  
investor: give her a compliment about how something she chose to wear or do to look attractive – her hair, outfit, jewellery are all great places to start.

If you say something direct, like a compliment about her beauty, there are two ways she will respond. She may appear uncomfortable and avoid eye contact (Tester), or she may lock eyes with you to see if you are sincere (investor).

Likewise, if you say something indirect, she may light up and engage you (Tester), or she may respond with the bare minimum required to not appear rude (investor).

Most of the women you will date and likely end up marrying will be an investor.

They make great wives and will commit to you and make BIG sacrifices in their life for you.

But they can be harder to impress at the start of your relationship because they do not dive into relationships easily because they know that it's for a very long time. It's important that you show strong potential as a future husband because investors require stability and reliance.

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# RECAP

## REALISTS RECAP

- Realists have a healthy fear of not finding a man to support them
- Realists focus on goals and advancement of their career
- Growing up, Realists had weaker male figures in their life
- Realists are powerful and can take care of you. They actually enjoy it
- Realists always have one foot out the door, unless you PROVE to them that you will be there for her

## RECAP IDEALISTS

- Idealists most likely grew up around more capable men who were supportive and present
- Idealists have a vivid imagination
- Idealists will eventually look for marriage
- Idealists are very clear on their vision for the future